



The Chamber Chatter Box



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President's Corner



Build your Business Network

The chamber would like to welcome Gregory Jones as our speaker at the February general meeting luncheon. Greg is the executive director of Economic Development South (EDS).

He will share with us current EDS projects and issues and what is projected for the future in our communities. EDS's redevelopment approach is vital to attract new residents and businesses.

The Brentwood Baldwin Whitehall Chamber supports EDS's redevelopment plans and is pleased to present \$5,000 to support our common interest in the economic vitality of our communities.

Legacy Lanes will host a Mixer for the Chamber on February 22nd. Have you attended a Chamber function lately?

Everyone needs to network: small business owners, job seekers, even the most successful entrepreneurs! The purpose of networking is to build relationships so you can generate new business from someone you know or someone who knows someone you know.

Networking is about building relationships. It is about the quality of your contacts, not the quantity. It is about consistency. The best is to belong to two or three groups, attend their events regularly, get to know the other members, and in exchange they will get to know you!

So start this year with a networking event! Bring your business cards and a friend and attend the February 2nd luncheon or the February 22nd Mixer...Hope to see you there!

Sincerely,

Debbie Maddock

Luncheon & General Membership Meeting

February 2, 2012

Calabria's

3107 Library Road, (Rt. 88)
Pittsburgh, PA 15234

Noon

Guest Speaker
Gregory Jones
and

A Brief Presentation by **Rich Yount**

Greg Jones, Director of Economic Development South, will give us an update on the progress and current plans of EDS.

Rich Yount will also speak on the spring trip of Baldwin High School students and volunteers to Mississippi as part of their ongoing effort to help rebuild the Gulf Coast from the Katrina hurricane. To help sponsor the volunteer's trip, please make your check payable to the VISION Club. Rich will have DVD's from last year's trip if you would like to see the project at your convenience.

Advance reservations requested

\$15 with reservation

\$18 without reservation and non-members

Contact Mary Dilla at 412-884-1233 or
email: secretary@bbwchamber.com

Next Chamber luncheon March 1st,
at Salvatore's.

Thank you
2012
Sponsor



WOMEN'S NETWORKING LUNCHEON

Change of Venue

The monthly luncheon meeting of the Women's Networking of the Brentwood Baldwin Whitehall Chamber of Commerce will meet on

Friday, February 10, 2012

Salvatore's

5001 Curry Road, Pittsburgh, 15236

Since South Hills Country Club is still closed for remodeling, this is a perfect opportunity to try something new! Please plan on attending and bring a friend. We welcome members and non-members. Limited tables are available for ladies who would like to display products or merchandise. Everyone will distribute business cards and brochures and present a one minute "commercial."

Guest Speaker

Lindsey Smith

Lindsey Smith, Health Coach and Motivational Speaker, Author: *Junk Foods & Junk Moods: Stop Craving and Start Living*: Visit her website: www.TheRealYouNutrition.com

Lunch for Chamber Members - \$15 - Bring a friend!

Lunch for Non-Members - \$18

Display Table—\$10

Please make a reservation by contacting our secretary: Mary Dilla at secretary@bbwchamber.com 412-884-1233

Mixer

February 22

5—7:30 PM

Legacy Lanes



Chase away the winter blues and join fellow chamber members at the mixer. This is a great way to network and promote your business.

Reserve your spot by contacting Mary Dilla at secretary@bbwchamber.com

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BUSINESS SPOTLIGHT!

HAYES CHIROPRACTIC, P.C.

DR. SEAN J. HAYES

300 Weyman Road, Suite 270

Pittsburgh, PA 15236

412-881-7060

We at Hayes Chiropractic are pleased to welcome our newest chiropractor, Dr. Matthew Houston, to our practice. Dr. Houston is certified in Active Release Technique (ART), a cutting edge soft tissue technique for the treatment of injuries and the strengthening of muscles.

Hayes Chiropractic has been helping patients in the South Hills since 2005, providing all-encompassing family chiropractic care, treating patients from as young as one week old to age 94. Chiropractic care is not just limited to problems with the neck or lower back pains; we treat a myriad of conditions from headaches to sciatica, and pains in the knees, ankles, shoulders, elbows, wrists, and hands. Dr. Sean J. Hayes brings over 14 years of clinical experience to the practice. In addition to the chiropractic care, massage therapy and rehabilitation are used to achieve the best possible results in the treatment of aches, pains, and injuries.

Dr. Hayes' commitment to excellence and his helpful, courteous, and caring staff have helped him to be voted the "Best Chiropractor in the South Hills" three out of the last four years by local reader polls. With focus on patient satisfaction, quality care, and successful results, Dr. Hayes goes the extra distance to help you to achieve your healthcare goals. Don't stay stuck in a rut with chronic pain - call today for a consultation and Dr. Hayes will outline an individual treatment plan that's customized just for you. Hayes Chiropractic can help you return to optimum health. Remember, if you have a spine, you can be a patient of mine!

Pain free... your goal, our mission.

Sean J. Hayes, D.C.

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